PEDIATRIC EMERGENCY MEDICINE PROTOCOL COURSE
February 17, 2016
Course Coordinators:
Dr. Tamara Gafoor
Dr. Joe Nemeth

PRACTICAL PROBLEMS IN PEDIATRICS
February 18-19, 2016
Course Coordinators:
Dr. Catherine Henin
Dr. John Yaremko
Dr. Barry Slapcoff

CENTRE MONT-ROYAL
2200 Mansfield Street, Montréal, Québec
Montreal Children’s Hospital Pediatric Courses

PHILOSOPHY AND OBJECTIVES

Our courses are designed to allow pediatricians, family medicine physicians, subspecialists, nurses, and allied health care individuals to work in a partnership to provide the highest level of care, whether it be for common problems seen every day or more complex diseases with low frequency but potential morbidity. We plan to bring you the latest evidence available that either confirms the standard of care or will substantially change patient care.

We are here to translate knowledge into care for our patients and families.

GENERAL INFORMATION

Study Credit Hours

For this course, we have requested CME study credits from McGill University, Office for Continuing Professional Development (CPD) which sponsors continuing medical education for physicians. The Office for CPD McGill University is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

Daily sign-in registration will be required in order to receive attestation certificates.

Declaration of Potential Conflict of Interest

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

Venue

Centre Mont-Royal
2200 Mansfield Street
Montréal, Québec

Accommodation

For a list of hotels offering special rates and reservation procedures, please visit: www.pedscourses-mch-mcgill.ca

Course Secretariat

MCH Pediatrics Courses
c/o O’Donoughue & Associates Event Management Ltd.
75 chemin Mountain
Mansonville, Québec, Canada J0E 1X0
Tel.: 450-292-3456, ext. 227
Fax: 450-292-3453
E-Mail: pedscourses@odon.ca
# PEDIATRIC EMERGENCY MEDICINE PROTOCOL COURSE

**FEBRUARY 17, 2016**

## COURSE OBJECTIVES

This course is designed for physicians and nurses involved in the acute care of pediatric patients. By the end of this course, participants should have the knowledge and understanding regarding the practical approaches to the specific pediatric emergency medicine problems discussed during the course.

## WEDNESDAY, FEBRUARY 17, 2016

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 - 8:00</td>
<td>Registration and Continental Breakfast</td>
</tr>
<tr>
<td>8:00 - 8:10</td>
<td>Introduction and Welcome</td>
</tr>
<tr>
<td>8:10 - 8:55</td>
<td>My Head Hurts: How to Avoid Headaches When Treating Headaches</td>
</tr>
<tr>
<td></td>
<td><em>Dr. Raphael Paquin</em></td>
</tr>
<tr>
<td></td>
<td>This lecture will explore novelties in the approach and management of status migrainosus in the ED.</td>
</tr>
<tr>
<td>8:55 - 9:40</td>
<td>No More Pain</td>
</tr>
<tr>
<td></td>
<td><em>Dr. Ilana Bank</em></td>
</tr>
<tr>
<td></td>
<td>Approach to pain management in the office and ED.</td>
</tr>
<tr>
<td>9:40 - 10:25</td>
<td>One Pill That Can Kill</td>
</tr>
<tr>
<td></td>
<td><em>Dr. Dominic Chalut and Dr. Shadi Tamur</em></td>
</tr>
<tr>
<td></td>
<td>An in-depth look at prescription drugs and how the ingestion of one such pill could be life-threatening. Approach to the management of such ingestions.</td>
</tr>
<tr>
<td>10:25 - 10:45</td>
<td>Break and Visit Exhibits</td>
</tr>
<tr>
<td>10:45 - 11:30</td>
<td>Heads Up &amp; The Bottom Line. Notable Articles in Pediatric Emergency Medicine</td>
</tr>
<tr>
<td></td>
<td><em>Dr. Dubravka Diksic</em></td>
</tr>
<tr>
<td></td>
<td>A review of the key conclusions we should be using to inform our practice from a mix of notable articles in Pediatric Emergency Medicine.</td>
</tr>
</tbody>
</table>
11:30 - 12:15  Round Table: Let's debate the controversies!
Dr. Daniel Brody and Dr. Joe Nemeth
Hear from the experts on acute pediatric conditions with debatable management.

12:15 - 13:15  Lunch

WORKSHOPS – SESSIONS I & II
(Each participant will rank the following workshops in order of areas of interest and will be assigned to participate in 2 workshops on the basis of order of registrations received.)

13:15 - 14:00  SESSION I

A. Managing Common Minor Injuries in the Community
Dr. Samir Shaheen-Hussain and Dr. Samantha Dankoff
• Review of X-rays
• Approach to common minor injuries including: clavicle fractures, shoulder dislocations, buckle fractures, pulled elbows, patellar dislocations, and ankle sprains

B. You Did WHAT?!
Dr. Philip Hedrei
• Techniques for foreign body removal, with a focus on nasal and ear foreign bodies
• Novel techniques for stuck zipper and phimosis reductions

C. Casted
Dr. Suzanne Vaillancourt and Mr. Nick Raspa
This session will be a hands-on practical session on how to apply common casts including below elbow, above elbow, below knee casts and posterior slabs.

14:05 - 14:50  SESSION II (repeat of workshops A to C)

14:50 - 15:15  Break and Visit Exhibits
WORKSHOPS – SESSIONS III & IV
(Each participant will rank the following workshops in order of areas of interest and will be assigned to participate in 2 workshops on the basis of order of registrations received.)

15:05 - 15:50  SESSION III

D. Don’t Skip a Beat: The Pediatric ECG Unraveled
  Dr. Eva Soos-Kapusy
  The ECG is an important diagnostic tool in the emergency room for children presenting with cardiac related symptoms. This session will provide a practical approach to reading pediatric ECG with the understanding of the cardiac physiologic changes from newborn to adolescence.

E. Practice Makes Perfect: Pearls from Pediatric ER Malpractice Cases
  Dr. Ilana Greenstone
  We will review some key malpractice cases from the Pediatric ER and focus on how to avoid common diagnostic pitfalls.

F. No Longer in the Clouds
  Dr. Alexander Sasha Dubrovsky
  Novel approaches to minor traumatic brain injury and concussion diagnosis and management.

15:55 - 16:40  SESSION IV (repeat of workshops D to F)
COURSE OBJECTIVES

- Emphasis on the appropriate management of pediatric problems in the office;
- Creating awareness of important advances in pediatric care;
- Direct interaction with hospital specialists in a workshop format.

THURSDAY, FEBRUARY 18, 2016

7:30 - 8:00  Registration and Continental Breakfast

8:00 - 8:20  QUICK QUIZ AND ANNOUNCEMENTS

8:20 - 8:55  Figuring Out Fevers of Unknown Origin  
Dr. Sara Long-Gagné  
Fevers that last for days and days, often with no other symptoms – the parents are worried, should you be too? Sort out when and how to investigate and when to refer for these fevers of unknown origin.

8:55 - 9:05  QUICK QUIZ

9:05 - 9:40  Pediatric Dentistry in Primary Care  
Dr. Basma Dabbagh  
If you find pediatric oral health issues challenging, you are not alone! But this overview of front-line pediatric dentistry will really give you something to "sink your teeth into".

9:40 - 9:50  QUICK QUIZ

9:50 - 10:25  Pediatric Dermatology 101  
Dr. Audrey Lovett  
Are those spots a viral exanthem? Is a trial of topical steroids a good idea? What you need to know to recognize and manage common rashes you will likely see in your pediatric patients.

10:25 - 10:35  QUICK QUIZ

10:35 - 11:00  Break and Visit Exhibits
11:00 - 11:35  Chronic Abdominal Pain in Children  
*Dr. Terry Sigman*  
So many children have recurrent "tummy aches" – how do you sort out functional abdominal pain from constipation or something more serious? Expert advice on how to approach this common complaint.

11:35 - 11:45  QUICK QUIZ

11:45 - 12:20  Breathing Easy: 2015 Canadian Thoracic Society/Canadian Pediatric Society Guidelines for Diagnosis and Management of Asthma in Preschoolers  
*Dr. David Zielinski*  
"Viral-induced wheezing", "reactive airways", "recurrent bronchiolitis"...the latest Canadian guidelines on when you can call it asthma and how you should manage your happy (and not so happy) preschool wheezers.

12:20 - 12:30  QUICK QUIZ

12:30 - 13:15 Lunch

WORKSHOPS

(Each participant will rank these workshops in order of areas of interest and will be assigned to participate in 3 workshops on the basis of order of registrations received).

13:15 - 14:00  SESSION I

A. Dysfunctional Uterine Bleeding (Meno/Metrorrhagia)  
*Dr. Suzanne MacDonald*  
Heavy and/or irregular menstrual bleeding is a distressing concern for many young women. This case-based workshop by an adolescent medicine physician will review how to approach and manage these problematic periods.

B. What Is...Healthy Active Living in Youth?  
*Dr. Evelyn Constantin and Dr. Claire LeBlanc*  
You may already know about "Healthy, Active Living", but this dynamic session (with prizes!) will surprise, challenge and motivate you to keep your patients (and maybe yourself) on the "healthy, active" track.

C. Now We Understand! Effective Communication with Parents  
*Dr. Mylène Dandavino and Dr. Elisa Ruano Cea*  
You spend hours educating parents on their children’s health, but are they really understanding you? An interactive session on how to apply principles of adult learning and effective communication when talking with parents, to optimize their understanding.

D. Seeing Eye to Eye: The Ophthalmological Exam  
*Dr. Danièla Toffoli*  
Does looking for papilledema give you a headache of your own? A unique opportunity for a hands-on review of proper direct ophthalmoscopy technique, with helpful tips and an overview of normal and abnormal eye findings. (Max. 30 participants per session)
E. The ABCs of MSK Imaging
Dr. Lucia Carpineta
X-ray? MRI? CT? What imaging to order when working up a child with a musculoskeletal problem and what these radiologic investigations can tell you.

F. Beyond the Basics: Managing "Difficult" ADHD
Dr. Dominique Panet-Raymond
ADHD that is hard to manage is tough on the patient, the family and the treating physician! What to do when first-line treatments fail, the side-effects become too much and/or comorbid conditions interfere with success.

14:05 - 14:50  SESSION II (repeat of workshops A to F)
14:50 - 15:15  Break and Visit Exhibits
15:15 - 16:00  SESSION III (repeat of workshops A to F)

FRIDAY, FEBRUARY 19, 2016

7:30 - 8:00  Registration and Continental Breakfast
8:00 - 8:15  QUICK QUIZ AND ANNOUNCEMENTS
8:15 - 8:50  Notes from the Normal Newborn Nursery
Dr. Robert Sternszus
A healthy newborn with surprising findings on physical exam – "normal variant" or cause for concern? This visual review of cases from the Normal Newborn Nursery will help you decide.

8:50 - 9:00  QUICK QUIZ
9:00 - 9:35  Food for Thought: Hot Topics in Pediatric Nutrition
Ms Lisa Piperno
Food colouring, artificial sweeteners, caffeine, salt – toxic for kids or not so bad? Sort out fact from fiction to better counsel your patients on what to eat and what to avoid.

9:35 - 9:45  QUICK QUIZ
9:45 - 10:20  Blood, Sweat and Tears: Simplifying the Approach to Bleeding Disorders
Dr. Christine Sabapathy
From coagulation cascades to Ristocetin co-factors, bleeding disorders can be complicated! This session will eliminate the sweat and tears from the approach to a child who bleeds/bruises easily.

10:20 - 10:30  QUICK QUIZ
10:30 - 10:55  Break and Visit Exhibits
10:55 - 11:30  Don't Come Up Short! Short Stature and the Interpretation of Growth Curves
Dr. Preetha Krishnamoorthy
Being short can be a big deal to a child, but when is it a medical issue? How to use growth curves to help select the shorter kids who need investigation and which tests to do before referring.

11:30 - 11:40  QUICK QUIZ

11:40 - 12:25  Articles of the Year
Dr. Stephen Treherne
Our annual informative (and enjoyable) review of the most interesting articles in this year's pediatric literature, guaranteed to once again be a highlight of the course.

12:25 - 12:35  QUICK QUIZ

12:35 - 13:30  Lunch

13:30 - 14:05  Bugs vs Drugs: Antibiotic Resistance in the Community
Dr. Jesse Papenburg
Antibiotic-resistant "superbugs" have arrived – what you need to know about resistance rates in the community, options for treatment and what you can do to minimize the factors that promote resistance.

14:05 - 14:15  QUICK QUIZ

14:15 - 14:50  Calling the Shots: Immunotherapy for Pollen Allergies
Dr. Reza Alizadehfar
Immunotherapy is the closest thing to a cure for certain allergies like pollen. But when is it indicated and how effective can it be? An overview of the recent advances in pollen allergy "desensitization".

14:50 - 15:00  QUICK QUIZ

15:00 - 15:35  Challenging Cases in Office Pediatric Otolaryngology
Dr. Melanie Duval
From chronic effusions to cholesteatomas, an OTL-HNS specialist will give you diagnostic and management pearls to help you with the tricky ENT cases you face in the office.

15:35 - 15:45  WRAP-UP AND COLLECTION OF COURSE EVALUATIONS
REGISTRATION FORM

Please fax or mail your completed form (all 3 pages), along with your payment, to:

MCH Pediatric Courses Secretariat
c/o O’Donoughue & Associates Event Management Ltd.
75 chemin Mountain, Mansonville, Québec, Canada J0E 1X0
Tel: 450-292-3456, ext. 227 • Fax: 450-292-3453
E-Mail: pedscourses@odon.ca
Web site: www.pedscourses-mch-mcgill.ca

Please use one form per participant.

A. IDENTIFICATION (Please type or print legibly)

Prefix: ☐ Dr.  ☐ Mr.  ☐ Ms  ☐ Mrs.
Last Name: .................................................................
First Name: .................................................................
Title/Position: .............................................................
Department/Division: ..................................................
Organization: ..............................................................
Address: ......................................................................
City: ................................................................. Province / State: ........................................
Country: ........................................................... Postal / Zip Code: ................................
Telephone: ............................................................. Fax: ..................................................
E-Mail: ........................................................................

PLEASE COMPLETE ALL THREE PAGES OF THIS FORM (1 of 3).
A. IDENTIFICATION (Cont’d)

☐ Resident  ☐ MD  ☐ Nurse  ☐ Other: .................................................................

Medical Specialty: MD (in year): .................................................................

☐ Please check this box if you do not want your name and e-mail address information to appear on the list of participants which may be distributed to participants.

B. SPECIAL NEEDS

Please indicate any special needs you may have (e.g. dietary, wheelchair access, etc.)

C. WORKSHOP PREFERENCES

**PEDIATRIC EMERGENCY MEDICINE PROTOCOLS**  
**FEBRUARY 17, 2016**

**SESSIONS I & II**

Please rank the workshops in order of preference (1 to 3). You will be assigned to 2 workshops on a first-come, first-reserved basis.

- Managing Common Minor Injuries in the Community
- You Did WHAT?! Techniques for Foreign Body Removal and more...
- Casted: How to Apply Common Casts

**SESSIONS III & IV**

Please rank the workshops in order of preference (1 to 3). You will be assigned to 2 workshops on a first-come, first-reserved basis.

- Don’t Skip a Beat: The Pediatric ECG Unravelled
- Practice Makes Perfect: Pearls from Pediatric ER Malpractice Cases
- No Longer in the Clouds: Minor Traumatic Brain Injury & Concussion

**PRACTICAL PROBLEMS IN PEDIATRICS**  
**FEBRUARY 18, 2016**

Please rank the workshops in order of preference (1 to 6). You will be assigned to 3 workshops on a first-come, first-reserved basis.

- Dysfunctional Uterine Bleeding (Meno/Metrorrhagia)
- What Is... Healthy Active Living in Youth?
- Now We Understand! Effective Communication with Parents
- Seeing Eye to Eye: The Ophthalmological Exam
- The ABCs of MSK Imaging
- Beyond the Basics: Managing "Difficult" ADHD

**PLEASE COMPLETE ALL THREE PAGES OF THIS FORM (2 of 3).**
D. COURSE REGISTRATION

The fee includes access to sessions and exhibits, lunches, coffee breaks and the course syllabus.

Please circle only one:

<table>
<thead>
<tr>
<th></th>
<th>Pediatric Emergency Medicine Protocols</th>
<th>Practical Problems in Pediatrics</th>
<th>Pediatric Emergency Medicine / Practical Problems</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PHYSICIAN:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Early Bird</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Before Dec. 18, 2015</td>
<td>$325</td>
<td>$540</td>
<td>$750</td>
</tr>
<tr>
<td>Regular</td>
<td>$355</td>
<td>$595</td>
<td>$835</td>
</tr>
<tr>
<td><strong>NURSE/RESIDENT:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Early Bird</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Before Dec. 18, 2015</td>
<td>$195</td>
<td>$275</td>
<td>$425</td>
</tr>
<tr>
<td>Regular</td>
<td>$225</td>
<td>$325</td>
<td>$495</td>
</tr>
<tr>
<td><strong>On Site</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

A one-day registration for the Practical Problems in Pediatrics Course is $355.

*After February 5, 2016, registration will be done on site. On-site registrants will be assigned workshops on the basis of availability.

E. PAYMENT

Payment must be received in full no later than February 5, 2016

Registration fee: $

Paying by:

☐ Cheque

☐ MasterCard ☐ VISA

Credit Card #: __________________________

Expiry Date: __________

Name on Credit Card: ______________________________________________________________

I hereby authorize O’Donoughue & Associates Event Management Ltd. to debit my credit card for the amount indicated above in “Registration Fee” and I acknowledge having read the cancellation policy.

Signature of cardholder: __________________________ Date: __________

PLEASE COMPLETE ALL THREE PAGES OF THIS FORM (3 of 3).